

Your appointment

How do I make an appointment?

Call your local Community Dental Clinic to make an appointment (details on back of brochure).

To apply for priority access:

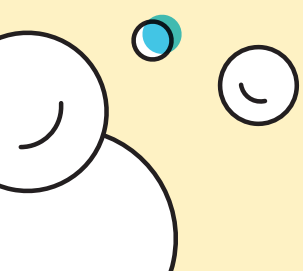
Notify the dental receptionist that you are eligible for priority access.

If required, request a letter of recommendation from your Neami worker to apply for priority access.

What will I need to take to my appointment?

You will receive advice around what you need to bring, such as a Healthcare card or pensioner concession card and Medicare card.

Your Neami worker Key Worker or Clinician can assist you with any of the above steps.



Dental clinic contact list

To find a clinic near you, search for 'NSW Health Oral Health Contact Centre' and use their search feature on the website to find a dental clinic near you

Aboriginal and Torres Strait Islander peoples can speak with the Dalarinji Aboriginal Oral Health Clinic by calling (02) 9293 3438

My local dental clinic is:

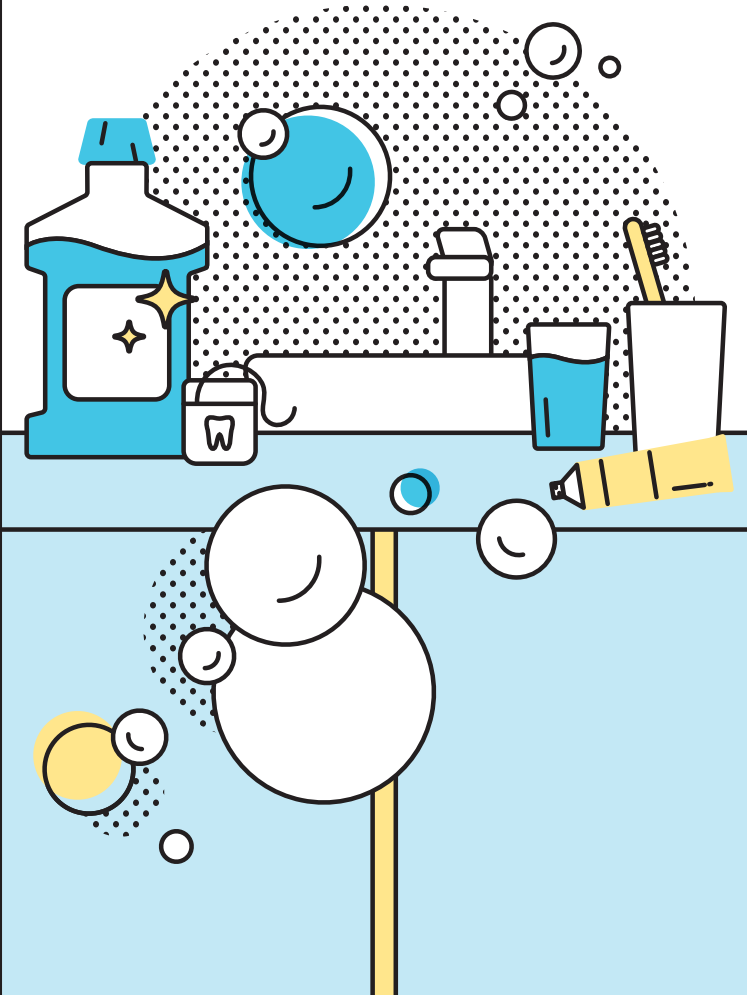
Three horizontal lines for writing the name of the local dental clinic.

This health resource was developed by:



You and your Oral Health

Community dental clinics



Introduction to good oral health

A healthy mouth not only makes you feel good, it also helps to protect your general health and wellbeing. Good oral health can increase confidence and self esteem.

Keep your mouth healthy by:

- Drinking plenty of tap water
- Eating fresh fruits and vegetables
- Brushing your teeth before bed and one other time during the day with fluoride toothpaste
- Clean in between your teeth daily
- See a dental practitioner regularly (every 6 months)

“Good oral health practices and regular checkups are important to maintain a healthy mouth and prevent dental diseases.

Only visiting an oral health professional [when you have] a dental problem [and not practising good oral health routines] increases the risk of losing teeth and experiencing greater limitations in everyday activities such as eating, talking, and sleeping.”

- Lecturer, Melbourne Dental School

Eligibility and services

Eligible adults can access public oral health care in NSW at public dental services.

Eligibility

To be eligible for public oral health care you must have a health care card, pensioner concession card, or a commonwealth seniors health card.

What dental services are covered?

- Check-ups, advice and cleaning
- Fillings and extractions
- Emergencies
- Dentures
- Specialist care (Dental Hospital only)

Will I go on a waiting list?

Most dental clinics will have a waiting list. However, priority access is available when supported by a letter of recommendation from your support worker. Priority access enables you to get the next available appointment.

Will I have to pay for dental services?

If you have a valid health care card or pensioner concession card then a fee of \$30 applies per visit.

The most you will need to pay for a complete course of general dental care is \$120 including examination and all general dental treatment.

Speak with the dental clinic or more information regarding priority access or fee exemptions and for assistance in locating your closest community dental clinic.

“So with the Health Prompt... it really started the whole conversation.

[My worker] helped me get all the way to the point I was in there... [it] really helped me get past my first boundary.

Once I had that first visit finished, I felt more capable of doing it by myself.”

– Consumer comment