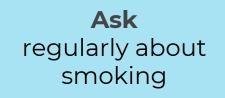


Simplified Tobacco Treatment Resource

An intervention framework for people on psychotropic medication



Offer support through cognitive behavioural therapy and/or motivational interviewing



Advise people who smoke to quit

Help Assess and treat dependence Varenicline is a safe first line option for most people on psychotropic medication

NRT used with varenicline may improve effectiveness Where varenicline is not suitable

Use combination NRT (long and short acting)

NRT can be started **before** a person commits to quitting

Provide ongoing quit support

To reduce relapse risk, **continue** varenicline/NRT after the person stops smoking

A second course of varenicline may reduce relapse

Regularly review for nicotine withdrawal symptoms and adverse reactions

Please see 'Tobacco Treatment Resource an intervention framework for people on psychotropic medication' for a more detailed description