



mindgardens

Neuroscience Network

Health Financing

Integrated models require money, infrastructure, time and skills to be coordinated and balanced across different services. Funding models and regimes have been cited as a key barrier to service integration in mental health largely related to the erratic and piecemeal nature of mental health funding.

Please use the **5b Checklist** to guide you through possible action items described below.

Consider the sustainability of your funding model & future funding structures

Short-term or ad-hoc funding of community/public health services can result in programs becoming vulnerable to under resourcing or being ceased leaving gaps in service provision. Consider how best your service can allocate funding specifically to improve the availability of integrated care to a wider range of young people with multiple needs. This might be through investing in some of the recommendations we have made in this toolkit, such as,

- Care coordinators
- Peer workers who can support navigation
- Training of staff in integrated care
- In reach or out reach models of service

It is also important to consolidate funding into core mental health services rather than funding new short-term programs in order to prevent staff turnover and increase complexity within the system.